

Report For: Jo Bloggs

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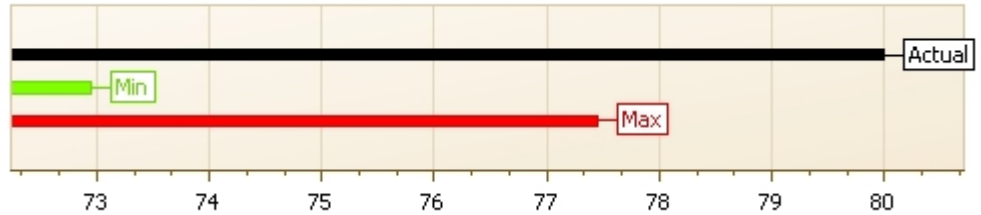
Practitioner: Admin System

Patient Data

Resistance (R): 401.4 Height (cm): 177 Wrist (mm): 169 Gender: Male
 Reactance (Xc): 62.1 Waist (cm): 86 Frame Size: Medium

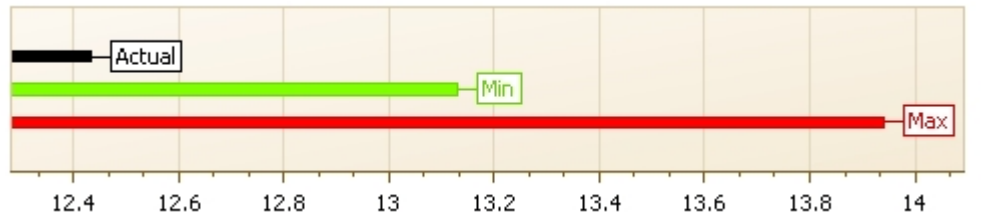
Weight

Weight (kg): 80.00
 Ideal Weight (kg): 75.20
 Skeletal Tissue (kg): 9.02
 Body Mass Index: 25.54



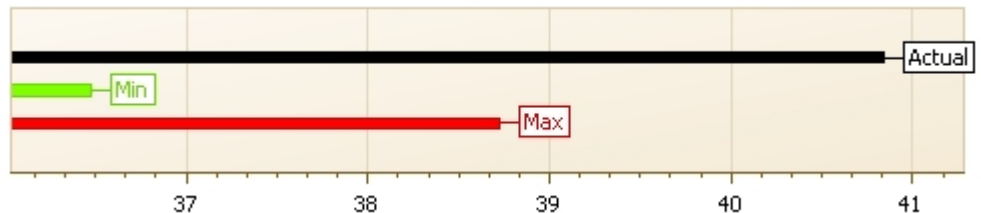
Fat Mass

Fat (kg) 12.43
 Ideal Fat Mass (kg) 13.54
 Difference from Ideal (kg) -1.10
 % of Total Weight 15.54%
 % of Ideal Fat Mass 91.85%



Active Tissue Mass

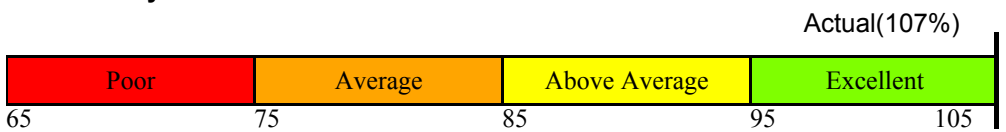
ATM (kg) 40.84
 Ideal ATM (kg) 37.60
 Difference from Ideal (kg) 3.24
 % of Total Weight 51.06%
 % of Ideal ATM 108.63%



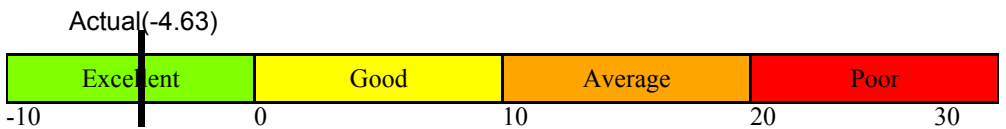
Optimal Health Indicators

Phase Angle 8.79
 % of Avg. Phase Angle 122%
 Patient Age 31
 Biomarker Index 26
 Fat/Muscle Ratio 0.30
 Fat Distribution: Normal

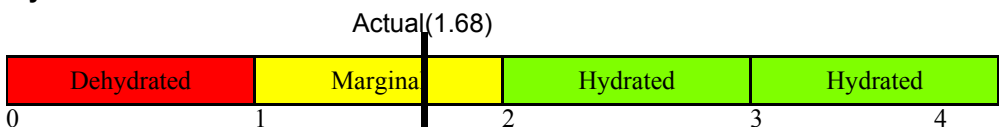
ATM Quality Index



Cellular Fluid Balance



Hydration



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Practitioner: Admin System

Fluid Balance

Total Body Water (litres)	47.97	Intracellular Water (litres)	29.70	Extracellular Water (litres)	18.27
Total Body Water %	59.97%	Intracellular Water %	61.91%	Ideal ECW (litres):	15.04
				Extracellular Water %	38.09%

Optional Assessment:

Metabolic Risk

Nutritional Requirements

Energy (calories)	2339	Calorie Adjustment	0
Energy (kilojoules)	9792	Selected Nutrition Ratios	
Protein (g)	585	Protein %	100%
Carbohydrate (g)	0	Carbohydrate %	0%
Fat (g)	0	Fat %	0%
Water (litres) (minimum)	1.62	Date Created	20-Jul-2010

***Add 1 litre per hour of exercise.

Comments:

Note:

This report is for educational purposes only and should not be used to diagnose any medical condition